

Eye Want 2 Know[®]...

How to talk to my healthcare professional (HCP) about getting a genetic test for my inherited retinal disease (IRD)

If you feel ready to initiate the genetic testing process for yourself or a family member, use these questions as a guide to get the conversation started.

- How do I get a genetic test?
- What are the options for free genetic testing?
- What type of genetic sample will I need to provide? Will it be painful or difficult?
- How long does it take to get my results?
- What should I do once I get the results of my genetic test?

Tips for discussing genetic testing with your HCP

- Advances in genetic testing are fairly new and complex, so getting smart is important. When talking to your HCP about genetic testing, it might be helpful to take notes or have someone with you to remember specific information.
- Do not hesitate to ask your HCP to clarify information you don't understand about IRDs, the genetic nature of IRDs, or the genetic testing process.
- Ask your HCP if there's a genetic counselor who may be able to help understand the results and what they mean.
- Some HCPs may not be familiar with genetic testing for IRDs. Directing them to www.EyeWant2Know.com for context about your desire to pursue genetic testing may be helpful. Or visit www.EyeWant2Know.com to find a provider with genetic testing experience.

What other questions do you have? Write them here or use this space to take notes.